

Bay.FloridaHealth.gov / FloridaHealthCOVID19.gov / BayHealthCOVID19.com

SYMPTOMS

Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea.

WHO SHOULD CONSIDER BEING TESTED FOR COVID-19?

if you have **symptoms of COVID-19**, you should consider being tested for the virus. Your **first step** is to **contact your doctor.** <u>If you are sick</u>, you should make sure to **drink lots of fluid, rest,** and use **over the counter medications** to help manage symptoms.

If you **test positive**, **notify** anyone you have been in **close contact** with. Keep your doctor updated on any significant changes in your health. You should **call 911** or go to the emergency room if you have **emergency warning signs** such as **difficulty breathing**, **pain or pressure in the chest, or new confusion**. Most people can resume activities after **10 days since symptom onset** and **24 hours fever-free** without medication and **improvement in symptoms**.

If you have been in close contact, defined as someone who is within less than 6 feet for at least 15 minutes of a COVID-19 positive, you should stay home for 14 days and monitor for symptoms.. If symptoms develop, follow the steps above.

COVID-19 MOLECULAR (PCR) VIRAL TESTING

Uses respiratory samples—such as a swab from the inside of your nose or at the back of your throat— to find out if you have COVID-19. Samples are collected and sent to a laboratory. Results come back in 2 days to one-week depending on the volume of samples the laboratory is processing.

COVID-19 ANTIGEN VIRAL TESTING

Uses respiratory samples—such as a swab from the inside of your nose or at the back of your throat— to find out if you have COVID-19. Results are available at the point of care in less than one-hour. Antigen tests may produce false negatives. Your healthcare provider will determine if a molecular COVID-19 test is needed in addition to antigen testing.

COVID-19 ANTIBODY TESTING

A blood test that can tell you if you've had COVID-19 or a related coronavirus. Antibodies usually develop 1–3 weeks after symptoms start. We do not know how long antibodies last.



COVID-19

Bay County Testing Information

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COUNTY AND STATE SUPPORTED TESTING

Note: No fees or insurance required.

Bay County Drive-Thru Testing

Monday, Wednesday, and Friday 7 a.m. - 3 p.m. Tuesday and Thursday 10 a.m. - 6 p.m.

> Location: Lynn Haven Sports Park Address: 2201 Recreation Drive

Location: Callaway Recreational Complex Address: 500 Callaway Parkway Start Date: Monday, August 31

Testing type: Molecular (PCR)

Criteria: Adults 18+ with or without symptoms or contact to a COVID-19 positive and children 5 - 17 with a parent or guardian

Process: Appointments recommend. To make an appointment visit https://walkonclinic.apacovid.com/default.aspx. While appointments are encouraged, walk-in clients are being accepted at both testing locations after 10:30 a.m. on Monday, Wednesday, and Friday and after 1 p.m. on Tuesday and Thursday.

Each site will be able to test 500 persons per day.



Florida Department of Health in Bay County

597 W. 11th ST, Panama City **Criteria:** Testing persons **with symptoms**.

including children.

Testing type: Molecular (PCR) **Process:** Call DOH-Bay at (850) 872-4455
Mon. - Fri. from 8 a.m. - 5 p.m. for screening.

OneBlood is testing all blood donations for the COVID-19 antibody. The antibody test is authorized by the Food and Drug Administration (FDA) and will indicate if the donor's immune system has produced antibodies to the virus, regardless of whether they ever showed symptoms. They are also accepting donations of convalescent plasma. For more information or an appointment,

visit <u>OneBlood.org</u> or call +1 (888) 936-6283.



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PRIVATE PROVIDERS

Note: If you do not have insurance or they don't accept your provider, there may be an office visit fees between \$115 - \$150. Some fees may not be fully covered by insurance. Please check with the office and your insurance company for additional information.

CVS Health is now offering no-cost drive-thru COVID-19 testing at select CVS Pharmacy locations. Tests are available by appointment only at the drive-thru window. Results will be available in 2-4 days. To find testing locations, determine eligibility and schedule an appointment click here/beats/be

Testing type: Molecular (PCR)

Nations Best Family Health Care

1514 W 23rd ST, Panama City **Criteria:** Prioritizing healthcare workers, first responders, persons with symptoms, and persons with exposure by appointment

including children.
Testing type; Molecular (PCR)
Process: Book online at

https://nationsbesthealth.com/covid-testing/.

PanCare Health

Testing at the Panama City Mall and Arnold High School

Criteria: Testing all persons with or without symptoms by appointment

including children.

Process: Book online at <u>pancarefl.org/covid-</u>

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Testing type: Antigen and molecular (PCR) Note: PanCare uses the Quidel Sofia antigen test. You can read the patient instructions for this test here.

Coastal Internal Medicine

12007 Panama City Beach PKWY

Criteria: Testing persons with symptoms

Testing types: Molecular (PCR) **Process:** Call (850) 234-5151

Mon. - Thurs. from 8 a.m. - Noon and 1 - 5 p.m. and Fri. 8 a.m. - Noon.

American Family Care Panama City Beach

15415 Panama City Beach Parkway

Criteria and Process: First come, first serve basis 7 days a week 8 a.m. - 6 p.m. including children.

Testing type: Molecular (PCR)

Emerald Coast Urgent Care

2704 Thomas Dr.

Criteria and Process: Call (850) 236-8655 for information 7 days a week 9 a.m. - 8 p.m.
Testing type: Molecular (PCR) and antibody

Nu Wave Medical Center

10800 Panama City Beach Pkwy **Criteria and Process:** Call (850) 666-4726 for information Monday - Thursday 7:30 a.m. - 5 p.m. and Friday 7:30 .m. - 3 p.m.

Testing type: Molecular (PCR)